

Nordic Conference NBC+ June 12-13 2025

Sobriety you never have to regret!

at Stensund Folk High School, Trosa

Arrival Wednesday evening, June 11. Conference June 12-13 with overlap into the start of the national conference.

Thursday, June 12

8:00 AM Breakfast

9:00 AM **Welcome**, Ann-Marie Lindgren, President of the Blue Ribbon Association

9:30 AM Presentation: Participants including country presentation and current events

in each country and organisation

10:30 AM Coffee break

Presentation - continued

12:00 PM Lunch

1:00 PM
 2:00 PM
 Updates from the International Blue Cross, Anne Babb, General Secretary
 Seminar: Alcohol report: "Less is more" health benefits of drinking less alcohol nothing at all with Per Leimar, IOGT-NTO, Political Secretary, Alcohol Issues

3:00 PM Coffee break

3:30 PM Seminar: The so-called "farm sale" of alcohol that threatens the Swedish sales

monopoly Systembolaget with Emil Juslin, IOGT-NTO, Head of Drug Policy

4:30 PM **Discussion:** "Less is more" and "Farm Sales"

6:00 PM Dinner

7:30 PM- Tour of and around Stensund. Evening activities and evening coffee.

Friday, June 13

8:00 AM Breakfast

9:00 AM Reflections from the previous day

9:30 AM What is it like to be a relative of someone with an addiction disorder?

Sweden Blue Ribbon's Family Support Initiative with Rebecka Markström,

including discussions

10:30 AM Coffee break

Family support, continued

12:00 PM Lunch

1:00 PM Information about the work together with folk high schools and study

associations.

2:45 PM Closing by Ann-Marie Lindgren

3:00 PM Coffee break
3:30 PM Transport to Trosa

4:00 – 5.00 PM **Guided walk in Trosa,** small community

Also for the members of the Blue Ribbon who come to participate in the

association's national conference that starts on Friday evening.

NBC+ Participants choose to quit or stay

6:00 PM Dinner all together

NBC+ participants are welcome to stay Friday night and stay

overnight until Saturday.

7.30 PM **Song & music** with Bengt-Åke Ohlsson, Elvis theme

Reserve for changes